

Useful Resources

childline

ONLINE, ON THE PHONE, ANYTIME
childline.org.uk | 0800 1111

Childline is a free, private and confidential service where you can talk about anything. Whatever your worry, whenever you need help, they are there for you online, on the phone, anytime.

www.childline.org.uk



Worried about something
you've seen online?

CLICK TO REPORT IT!

CEOP is a law enforcement agency which helps to keep children and young people safe from sexual abuse and grooming online. They are there to help and give advice, and you can make a report directly to them if something has happened online which has made you feel unsafe, scared or worried. This might be from someone you know in real life, or someone you have only ever met online.

<https://www.ceop.police.uk/safety-centre/>



Welcome to Thinkuknow

Thinkuknow is the education programme from NCA-CEOP, a UK organisation which protects children both online and offline.

Explore one of the six Thinkuknow websites for advice about staying safe when you're on a phone, tablet or computer.

Are you...

4-7?

8-10?

Parent/
Carer?

11-13?

14+?

Children's
workforce?



New - Jessie & Friends!

Jessie & Friends is a series of three animations to help keep 4-7 year olds safe online.



Advice... Help... Report...

THINKUKNOW is an education programme to help protect children both online and offline.

www.thinkuknow.co.uk

YOUNGMiNDS

fighting for young people's mental health

YOUNGMiNDS are the UK's leading charity for children and young people's mental health. If you are in a mental health crisis, YOUNGMiNDS have a free 24/7 support service across the UK

www.youngminds.org.uk/find-help/get-urgent-help/